

IAPS Regatta

20th & 21st May 2015

Weymouth & Portland National Sailing Academy

The Organising Authority is Weymouth and Portland National Sailing Academy (WPNSA) in Association with the Andrew Simpson Sailing Centre (ASSC) and The Independent Association of Prep Schools (IAPS)

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing (RRS) 2013-2016. Competitors should note that IAPS support the RYA Racing Charter and that they will be expected to sail in compliance with the Charter.

2. NOTICE TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board located underneath the main balcony outside the changing rooms.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted before 09:00 on the day it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the main flag pole situated outside the race office.
4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes in the race signal AP.'
4.3 Flag D with one sound means 'The warning signal will be made not less than 20 minutes after flag D is displayed.' Boats are not to leave the slipway until this signal is made.

5. SCHEDULE OF RACES

- 5.1 The schedule of races and the times of warning signals are:

Day	Warning Signal	Race
Under 11s	10:55	Race 1
Wed 20 th May	ASAP after Race 1	Race 2
	After lunch break	Race 3
	ASAP after Race 3	Race 4
Under 13s	10:55	Race 1
Thu 21 st May	ASAP after Race 1	Race 2
	After lunch break	Race 3
	ASAP after Race 3	Race 4

- 5.2 No warning signal will be made after 15:00.

6. CLASS FLAGS

- 6.1 The Class flags will be the Andrew Simpson Sailing Centre flag.

7. RACING AREAS

7.1 The course area will be Portland Harbour.

8. THE COURSE

8.1 The diagram in Attachment A shows the course including the order in which marks are to be passed and the side on which each mark is to be left.

8.2 Competitors must pass through the start/finish line to complete each lap.

8.3 The number of laps will be displayed on the port side of the committee boat.

8.4 The approximate bearing of the windward mark will be displayed on the port side of the committee boat.

9. MARKS

9.1 Marks 1, 2 and 3 will be orange inflatable buoys.

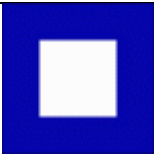
10. AREAS THAT ARE OBSTRUCTIONS

10.1 Boats shall keep clear of bunkering vessels or diving operations (Flag A).

10.2 The attention of all competitors, race management personnel and spectators afloat is drawn to the fact that Portland Harbour is a working port and that harbour regulations must be observed. Any directions given by Portland Harbour Authority either in person or by VHF (CH 74) must be complied with without delay. Failure to comply with this instruction may result in a penalty.

11. THE START

11.1 Races will be started by using Rule 26 with the warning signal made 5 minutes before the starting signal.

Minutes before starting signal	Visual signal	Sound signal	Means
5	Class Flag (ASSC)	One	Warning signal (5 minutes to start)
4	 P	One	Preparatory signal (4 minutes to start)
1	P removed	One long	One minute to start
0	Class flag removed	One	Starting signal

11.2 An Orange Flag will be displayed at least 5 minutes prior to each warning signal.

11.3 The Starting Line will be between a staff displaying an orange flag on the Committee Boat and a dan buoy mark displaying an orange flag at the port end.

12. CHANGE OF THE NEXT LEG OF THE COURSE

12.1 To change the next leg of the course, the race committee will move the original mark to a new position.

13. THE FINISH

13.1 The finishing line will be between a staff displaying an orange flag on the committee boat and a dan buoy displaying an orange flag.

14. TIME LIMITS AND TARGET TIMES

- 14.1 The target time for one race is 30 minutes.
- 14.2 If no boat has passed Mark 1 within 15 minutes of the start the race may be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 14.3 Boats failing to finish within 20 minutes after the first boat sails the course and finishes may be scored as per their position on the course, indicated by an official boat displaying flag W. This changes rules 35, A4 and A5.

15. PROTESTS & REDRESS

- 15.1 For any rule infringements that occur, a penalty turn consisting of one tack and one gybe must be completed.
- 15.2 If the penalty turn is not completed, another sailor may protest.
- 15.3 In order to protest the sailor involved must shout 'Protest' at the time on the water, so the other sailor knows they have been protested.
- 15.4 The protest time limit will be posted on the official noticeboard.
- 15.5 Protest forms are available from the Andrew Simpson Sailing Centre office.
- 15.6 Protest Forms should be returned to the Protest Committee that may decide to hold an Advisory Hearing instead of a Full Protest Hearing.
- 15.7 All competitors must check the official notice board to see if they are required to attend any protest hearing or arbitration.
- 15.8 The Protest Committee may decide to give a penalty that may be different from Disqualification.

16. SCORING & RESULTS

- 16.1 The low point scoring system of Appendix A will apply.
- 16.2 One race is required to be completed to constitute a series.
- 16.3
 - (a) When fewer than 3 races have been completed, a boat's series score will be the total of her race scores.
 - (b) When from 3 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17. SAFETY REGULATIONS

- 17.1 Competitors shall wear a personal flotation device at all times while afloat, except briefly while adjusting clothing or personal equipment. Flag Y will not be displayed. This changes RRS 40.A tally system will be in operation.
- 17.2 Check-Out and Check-In:
 - (a) The tally control point will be located under the main balcony outside the changing rooms.
 - (b) Tallies comprise numbered rubber wristbands. Numbers will be allocated at registration, and posted on the official notice board. Tallies shall be worn visibly, over clothing, on the right wrist by both helm and crew at all times while afloat.
 - (c) Both helm and crew shall individually check-out before racing by personally collecting their tally.
 - (d) Both helm and crew shall individually check-in immediately on returning to shore after racing, but no later than the protest time limit, by returning the tally personally to tally control.
- 17.3 A boat that retires from a race shall notify the race committee or beach master as soon as possible.

18. REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 Substitution of competitors will not be allowed without prior written approval of the race committee.
- 18.2 Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19. SUPPORT BOATS

- 19.1 All support boats shall register at WPNSA Reception.
- 19.2 Team leaders, coaches and other support personnel shall stay at least 50 meters outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 19.3 Support boats shall not tow competitor's boats to or from the race area unless instructed to do so by the Race Committee.
- 19.4 All coach and support boats shall monitor the designated VHF channel displayed on the official notice board. When the Race Committee displays flag V with repetitive sound signals, and may enter the race area to give assistance as required or directed by the Race Committee.

20. TRASH DISPOSAL

- 20.1 Boats shall not put trash in the water. Trash may be placed aboard support or official boats.

21. RADIO COMMUNICATION

- 21.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

22. PRIZES

- 22.1 Prizes will be given as follows:-
 - 1st to 3rd under 11 years
 - 1st 3 school teams under 11 years
 - 1st to 3rd under 13 years
 - 1st 3 school teams under 13 years
- 22.2 The prize giving will take place as soon as possible after racing.

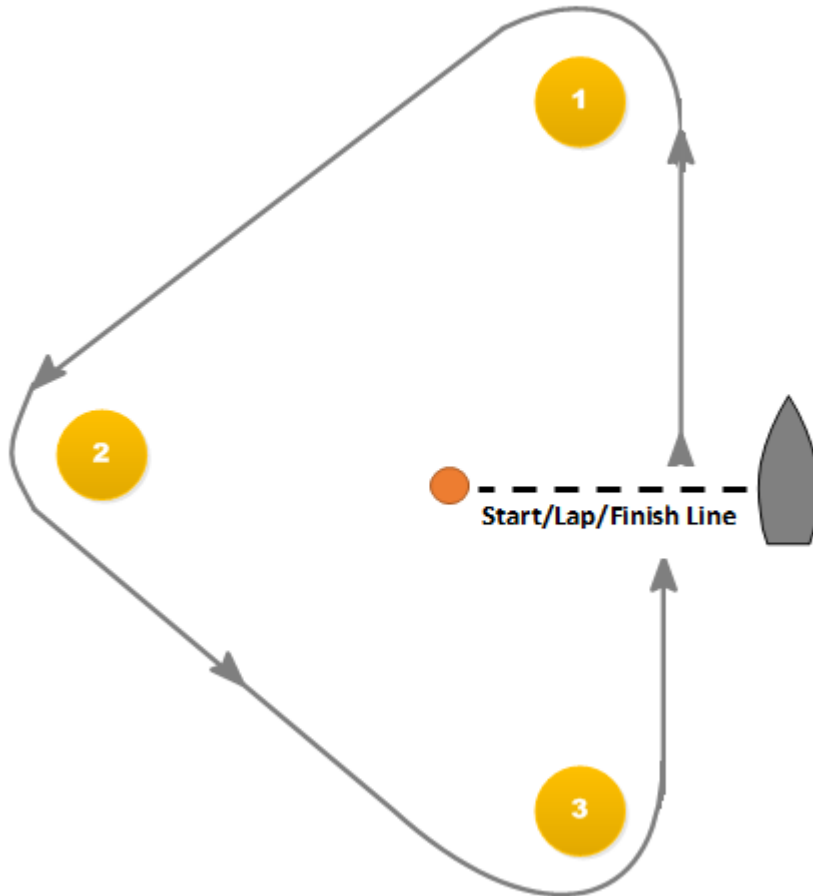
23. DISCLAIMER OF LIABILITY & INSURANCE

- 23.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
 - a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
 - c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
 - g) Their boat is adequately insured, with cover of at least £2,000,000 against third party claims;
- 23.2 The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in this Notice of Race.

24. INSURANCE

- 24.1 Each boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 per incident or the equivalent.

ATTACHMENT A - COURSE DIAGRAM



Signal	Mark Rounding Order
T1	Start, 1p, 2p, 3p, finish
T2	Start, 1p, 2p, 3p, finish, start, 1p, 2p, 3p, finish
T3	Start, 1p, 2p, 3p, finish, start, 1p, 2p, 3p, finish, start, 1p, 2p, 3p, finish,
T4	Start, 1p, 2p, 3p, finish, start, 1p, 2p, 3p, finish, start, 1p, 2p, 3p, finish, start, 1p, 2p, 3p, finish,
T5	Start, 1p, 2p, 3p, finish, start, 1p, 2p, 3p, finish, start, 1p, 2p, 3p, finish, start, 1p, 2p, 3p, finish, start, 1p, 2p, 3p, finish,