



Sailing Instructions

The Organising Authority is the Weymouth and Portland National Sailing Academy (WPNSA) in conjunction with the International Moth Class UK.

1. RULES

- 1.1 The regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing (RRS) 2013-2016.
- 1.2 All competitors shall be members of IMCA UK or in the case of overseas competitors they shall be members of their local Moth Class Association or IMCA

2. NOTICE TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board located underneath the main balcony outside.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1 Any change to the SIs will be posted 90 minutes before the advertised warning signal of the race, or races, concerned, except that any change to the schedule of races will be posted by 19:00hrs on the day before it will take effect

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the main flag pole situated outside the race office.
- 4.2 When flag AP is displayed ashore the first Warning Signal will be displayed not less than 30 minutes after it is lowered if racing is in Portland Harbour, and not less than 60 minutes later if racing is in Weymouth Bay. This varies the RRS.

5. SCHEDULE OF RACES

- 5.1 The schedule of races and the times of warning signals are:

Day	Race Number	Warning signal
Saturday	Race 1	12:00
	Race 2	ASAP after Race 1
	Race 3	ASAP after Race 2
Sunday	Race 4	10:30
	Race 5	ASAP after Race 4
	Race 6	ASAP after Race 5

- 5.2 Boats shall not leave the slipway until flag D is displayed with their class flag. The warning signal will be 'not less than 30 minutes' if racing is to be in Portland harbour and 'not less than 60 minutes' if racing is to be in Weymouth bay.
- 5.3 On the last day of the regatta no warning signal will be made after 15:00.

6. CLASS FLAGS

6.1 The Class flags will be either the class insignia on a white background or signal Flag F.

7. RACING AREA

7.1 The course area will be Portland Harbour or Weymouth Bay.

8. THE COURSE

8.1 The diagram in Attachment A shows the course including the order in which marks are to be passed and the side on which each mark is to be left.

8.2 The number of laps will be displayed on the Starboard shrouds of the committee boat.

8.3 The approximate bearing of the windward mark will be displayed on the Port shrouds of the committee boat.

9. MARKS

9.1 Marks 1, 2 and 3 will be 1.8m blue inflatable buoys with a black band. Mark S the starting mark will be an orange dan buoy with an orange flag.

10. OBSTRUCTIONS & EXCLUSION AREAS

10.1 Boats shall only use the Northern entrance of Portland Harbour and shall keep clear of bunkering vessels or diving operations (Flag A).

11. STARTS

11.1 Races will be started by using rule 26.

11.2 The Starting Line will be between a mast displaying an orange flag on the Race Committee Boat and mark 'S' or a mast displaying an orange flag on a boat at the port end.

11.3 A boat starting later than 5 minutes after the starting signal will be scored Did Not Start. This changes rules A4 and A5.

12. THE FINISH

12.1 The finishing line will be between a mast displaying a blue flag on the Race Committee Boat and mark 3.

12.2 When the leading boat completes the course and finishes, all boats that cross the finish line within 15 minutes after the leading boat has finished shall be deemed to be finishing irrespective of the number of laps they have completed. Their position in the race will be noted from their finishing order and number of completed laps with those having the most laps being recorded ahead of those with less completed laps. This means that boats that have only completed 1 lap shall be ranked behind boats that have completed 2 laps. Boats that have completed 2 laps shall be ranked behind boats that have completed 3 laps, etc.

12.3 Boats failing to cross the finish line within 15 minutes after the first boat has sailed the course and finished will be scored after those finishing as per 12.2 who completed more laps, according to their position at the previous passing through, if completed, the Gate, otherwise they will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

13. PENALTIES

13.1 Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

14. TIME LIMITS

14.1 If no boat has completed a lap within 30 minutes the race will be abandoned and re-sailed where possible.

15. PROTESTS & REDRESS

- 15.1 Protest forms are available from the race office.
- 15.2 Protests and Requests for Redress must be lodged in writing with the Race Office, within 90 minutes of the last boat finishing the last race of the day.
- 15.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties to a hearing or named as witnesses. It shall be the responsibility of competitors to check the notice board for such notices.
- 15.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 15.5 Breaches of instructions 17 and 22 will not be grounds for protest by a boat. This changes rule 60.1(a).
- 15.6 Penalties for breaches of instructions 5.2, 17, 18, 19, 21, 22 and 23, and for breaches of class rules, are at the discretion of the protest committee.
- 15.7 On the last scheduled day of racing a request for reopening a hearing shall be delivered:
- (a) Within the protest time limit if the requesting party was informed of the decision on the previous day.
 - (b) No later than 30 minutes after the requesting party was informed of the decision on that day.
- This changes rule 66.
- 15.8 On the last scheduled day of racing, a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

16. SCORING & RESULTS

- 16.1 The low point scoring system of Appendix A will apply.
- 16.2 One race is required to be completed to constitute a series.
- 16.3 When fewer than 4 races are sailed a boat's series score will be the total of her race scores. If four or more races are sailed a boat's series score will be the total of her race scores excluding her worst score.

17. SAFETY REGULATIONS

17.1 PERSONAL BUOYANCY

Adequate personal flotation devices for crew members shall be worn at all times whilst afloat. Failure to do so may result in disqualification. Neither a wet suit nor a dry-suit constitutes adequate personal flotation devices. Flag Y will not be displayed. This changes rule 40.

17.2 TALLY SYSTEM

The requirements of this instruction are specified for the safety of competitors.

- a) A tally system will be in operation.
- b) The tally board will be located under the main balcony outside the changing rooms.
- c) Your tally, (a rubber numbered band), must be collected from the tally board and worn at all times whilst afloat. The number for each competitor will be allocated at registration.
- d) On completion of (or retirement from) the race, or races where they are held back to back, you must return directly to WPNSA and replace your tally on the tally board in its correct position.
- e) In the event that you come ashore away from WPNSA, you must telephone the club on (01305 866000), as soon as practicable, to report your position and safety.
- f) Any boat(s) that fails to comply with the safety/tally system may be disqualified from the race/races concerned, without a hearing. The race committee may consider reinstatement of the boat(s) concerned upon donation of £10 to RNLI. This changes rules 63.1 and A5.

17.4 DECLARATIONS

Declarations are not required except for boats retiring. This is to be declared on the sheets and stating from which races the boat retired. The location of the declarations will be in the race office / bridge in room 4.

18. REPLACEMENT OF CREW OR EQUIPMENT

18.1 HELM SUBSTITUTION

Boats must sail with the nominated helm entered for the event. Any change to the nominated helm constitutes a new entry and must be requested in writing to the Race Officer and their written approval given before leaving the shore.

19 ADVERTISING

Boats shall display the advertising of the event sponsor, where applicable, supplied by the organising committee on both sides of the forward 25% of the hull. Additional sponsorship material may also be supplied and will be displayed in the lower 25% of the mainsail.

20 PRIZES

Prizes will be at the discretion of the Race Committee having regard to the number of boats entered. The prize giving will take place as soon as possible after racing.

21 SUPPORT BOATS

Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

22 TRASH DISPOSAL

Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

23 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make nor receive radio transmissions, text messages or cellular phone calls while racing.

24. DISCLAIMER OF LIABILITY & INSURANCE

24.1 GENERAL

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) Their boat is adequately insured, with cover of at least £2,000,000 against third party claims;

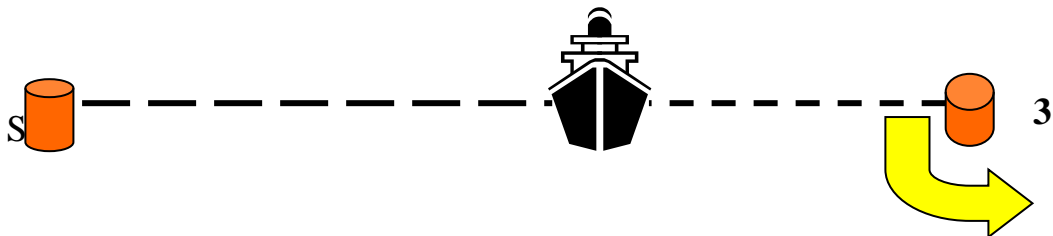
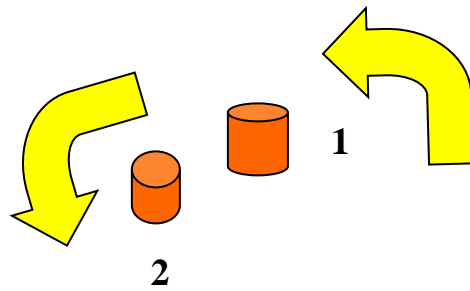
24.2 INSPECTIONS

The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in this Notice of Race.

24.3 INSURANCE

No boat shall race unless the boat is currently insured for third party risks to the minimum sum of £3,000,000 per incident (or its equivalent in any other currency) and such insurance shall be valid for the helmsperson who will be racing her.

ATTACHMENT A - COURSE DIAGRAM



1 Lap: Start, 1 (P), 2 (P), Gate

Where:

Gate is between the Committee Boat, which will be left to starboard, and Mark 3, which will be **rounded** to Port.

Finish is between the Committee Boat, which will be left to starboard, and Mark 3, which will be left to Port.