

49er & 49erFX UK National Championship

Saturday 14th & Sunday 15th October 2017

Sailing Instructions

The Organising Authority is the Weymouth and Portland National Sailing Academy (WPNSA) in association with the UK 49er Class Association

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS) 2017 – 2020*.
- 1.2. The 49er and 49erFX Class Rules will apply.
- 1.3. Competitors shall sail in accordance with the Royal Yachting Association (RYA) Racing Charter.
- 1.4. In event of a conflict between the Notice of Race and Sailing Instructions, the Sailing Instructions shall prevail.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the glass kiosk outside the changing rooms.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 09:00 on the day it will take effect, except that any change to the schedule of races will be posted by 18:00 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the flag poles at the East end of the WPNSA building outside the Race Office.
- 4.2. When flag AP is displayed ashore '1 minute' is replaced with 'not less than 30 minutes if racing is in Portland Harbour and 60 minutes if racing is in Weymouth Bay' in the race signal AP.
- 4.3. Flag D with one sound means 'The warning signal will not be made less than 30 minutes after flag D is displayed if racing is in Portland Harbour and not less than 60 minutes if racing is in Weymouth Bay after flag D is displayed'. Boats are not to leave the slipway until this signal is made.
- 4.4. Flag P displayed indicates racing will be in Portland Harbour. Flag W displayed indicates racing will be in Weymouth Bay.

5. SCHEDULE

5.1.

Day/Date	Time	What	Where
Saturday 14 th Oct	09:00 – 10:00	Registration	Room 4
	10:00	Competitors' Briefing	Spinnakers
	11:55	Race 1 Warning Signal	
	ASAP after Race 1	Race 2 Warning Signal	
	ASAP after Race 2	Race 3 Warning Signal	
	ASAP after Race 3	Race 4 Warning Signal	
Sunday 15 th Oct	10:25	Race 5 Warning Signal	
	ASAP after Race 5	Race 6 Warning Signal	
	ASAP after Race 6	Race 7 Warning Signal	
	ASAP after Race 7	Race 8 Warning Signal	
	ASAP After Racing	Prize Giving	Spinnakers

- 5.2. The Race Officer reserves the right to sail additional races in a day if weather or other reasons dictate. Flag F will be flown on the Committee Boat before the warning signal for the previous race to indicate that extra races will be sailed.
- 5.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.4. On the last scheduled day of the regatta no warning signal will be made after 15:00.

6. CLASS FLAG

The class flag will be the red 49er logo on a light blue background.

7. RACING AREAS

Racing will be in Weymouth Bay or Portland Harbour.

8. THE COURSES

- 8.1. The diagram in Attachment A shows the course, including the order in which the marks are to be passed, and the side on which the mark is to be left.
- 8.2. No later than the warning signal, the course and number of laps to be sailed will be displayed on the race committee signal vessel.
- 8.3. No later than the warning signal, the race committee signal vessel may display the approximate compass bearing of the first leg.

9. MARKS

- 9.1. Marks 1, 4s and 4p will be 1.6m blue cylindrical buoys with a black band.
- 9.2. The starting mark will be a dan buoy displaying an orange flag.
- 9.3. The finishing mark will be a dan buoy displaying a blue flag.

10. AREAS THAT ARE OBSTRUCTIONS

- 10.1. Boats shall keep clear of vessels at anchor or vessels displaying Flag A, indicating divers in the water.
- 10.2. The attention of all competitors, race management personnel and spectators afloat is drawn to the fact that Portland Inner and Outer Harbour is a working port and that harbour regulations must be observed. Any directions given by Portland Harbour Authority either in person or via an Official boat must be complied with without delay. Failure to comply with this instruction may result in a penalty.
- 10.3. Only the Northern entrance should be used in leaving or returning to Portland Inner Harbour, unless directed otherwise by an Official or Portland Harbour Authority Boat.
- 10.4. Boats shall not transit at any time through the RNSA moorings, which are on the left of the exit as leaving the Marina.

11. THE START

- 11.1. Races will be started by using RRS 26.
- 11.2. The starting line will be between a mast displaying an orange flag on the race committee signal vessel and the starting mark.
- 11.3. A boat that does not start within four minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1. To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.
- 12.2. If a change of course is required for marks 4p and 4s these may be substituted by a single mark to be left to port.

13. THE FINISH

The finishing line will be between a mast displaying blue and orange flags on the race committee signal vessel and the finishing mark.

14. TIME LIMITS AND TARGET TIMES

- 14.1. The time limits and target times are as follows:

Time limit	Mark 1 time limit	Target time
50 minutes	20 minutes	25 minutes

- 14.2. If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 14.3. Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1. Protest forms are available from the Race Office, located at Room 4. Protests and requests for redress or reopening shall be delivered there within the appropriate limit.
- 15.2. The protest time limit is 90 minutes after the last boat has finished the last race of the day if racing is in Weymouth Bay, or the race committee signals no more racing today or 60 minutes after the last boat has finished the last race of the day if racing is in Portland Harbour, or the race committee signals no more racing today, whichever is later.
- 15.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or names as witnesses. Hearings will be held in the protest room, located at Room 3, beginning at the time posted.
- 15.4. Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 15.5. Breaches of instructions 11.3, 17, 19, 20, 21 and 22 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 15.6. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.
- 15.7. On the last scheduled day of racing a request for reopening a hearing shall be delivered
 - a) within the protest time limit if the requesting party was informed of the decision on the previous day;
 - b) no later than 30 minutes after the requesting party was informed of the decision on that day.

16. SCORING

- 16.1. The low points system as provided in RRS Appendix A will apply.
- 16.2. Two races are required to be completed to constitute a series.
- 16.3. Series scores:
 - 16.3.1. When fewer than four races have been completed, a boat's series score will be the total of her race scores.
 - 16.3.2. When from four to seven races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
 - 16.3.3. When eight races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

17. SAFETY REGULATIONS

- 17.1. Competitors shall wear a personal flotation device at all times while afloat, except briefly while adjusting clothing or personal equipment. Flag Y will not be displayed. This changes RRS 40.
- 17.2. A tally system will be in operation:
 - 17.2.1. The tally control point to tally-out and tally-in will be located under the balcony outside the changing rooms.
 - 17.2.2. Tallies comprise of yellow numbered rubber wristbands and numbers will be allocated to each competitor at registration. Tallies shall be worn visibly, over clothing, on the right wrist by all sailors at all times while afloat.
 - 17.2.3. Each competitor shall individually tally-out before racing by personally collecting their tally.
 - 17.2.4. Each competitor shall individually tally-in immediately on returning to shore after racing by returning the tally personally to tally control point on the correct numbered peg.
 - 17.2.5. Failure to tally-out or tally-in may result in a penalty of:
 - a) First offence - a donation of £10, made to the Royal National Lifeboat Institution
 - b) Second offence – DSQ from that day's races
- 17.3. A boat that retires from a race shall notify the race committee as soon as possible.

18. REPLACEMENT OF CREW OR EQUIPMENT

- 18.1. Substitution of the helm is not permitted.
- 18.2. Substitution of crew will not be allowed without prior written approval of the race committee.
- 18.3. Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19. SUPPORT BOATS

- 19.1. Upon arrival, support boats must report to the WPNSA Reception, pay the appropriate berthing fee and receive directions on where to launch and berth.
- 19.2. Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal until all boats have finished or the race committee signals a postponement, general recall or abandonment.

20. BERTHING

Boats shall be kept in their assigned places while they are in the boat park.

21. TRASH DISPOSAL

Competitors shall not put trash in the water. Trash may be placed aboard support or official boats.

22. RADIO COMMUNICATION

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

23. PRIZES

Prizes will be awarded at the discretion of the Organising Authority depending on entry numbers.

24. RISK STATEMENT

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

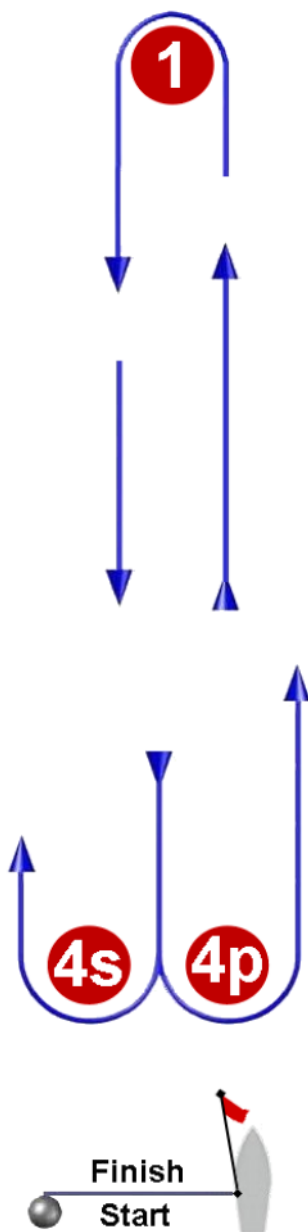
- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any competitors briefing held for the event.

25. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 per incident or the equivalent.

ATTACHMENT A - COURSE DIAGRAMS

Course L: Windward/Leeward



Signal: Mark rounding order:

L2 Start – 1 – 4s/4p – 1 – Finish

L3 Start – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish

L4 Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish